

# East Carolina University Bill Carson Invitational

**WHERE:** East Carolina University, Belk Foundation Track & Field Facility

**DATE:** Friday-Saturday April 8-9, 2016

## Friday, April 8

### Field Events (Rolling Schedule):

10:00am      Women's Discus Throw  
                 Men's Discus Throw  
                 Women's Javelin Throw  
                 Men's Javelin Throw  
                 Women's Hammer Throw  
                 Men's Hammer Throw

## Saturday, April 9

### Field Events:

11:00am	Women's Pole Vault	1:30pm	Women's Triple Jump
	Women's Long Jump		Men's Triple Jump
	Men's Long Jump		Women's High Jump
	Men's High Jump		Men's Shot Put
	Women's Shot Put	2:00pm	Men's Pole Vault

### Track Events:

11:30pm	Women's 3000m Steeple	1:45pm	Men's 400m Dash
11:45pm	Men's 3000m Steeple	2:00pm	Women's 100m Dash
12:00pm	Women's 4x100m Relay	2:15pm	Men's 100m Dash
12:10pm	Men's 4x100m Relay	2:30pm	Women's 800m Run
12:25pm	Women's 1500m Run	2:45pm	Men's 800m Run
12:35pm	Men's 1500m Run	3:00pm	Women's 400m Hurdles
12:55pm	Women's 100m Hurdles	3:15pm	Men's 400m Hurdles
1:15pm	Men's 110m Hurdles	3:30pm	Women's 200m Dash
1:30pm	Women's 400m Dash	3:45pm	Men's 200m Dash
		4:00pm	Women's 3000m Run
		4:15pm	Men's 3000m Run
		4:35pm	Women's 4x400m Relay
		4:50pm	Men's 4x400m Relay